

PRVA LJUBOV
(Macedonia)

This dance comes from the region of Skopje and is done all over the Vardar valley. It is used at all festive occasions, especially weddings, since it refers to "love."

Pronunciation:

Music: AK - 010 Side A/1.

7/8 meter

Rhythm: 7/8: S Q Q or 1 2 3.

Formation: M and W in separate lines. W in "W" pos; M in "T" pos.

Meas

Pattern

I.

- 1 Facing slightly and moving in LOD, step on R (ct 1);
čukče on R (ct 2); step on L in front of R (ct 3).
- 2 Step on R to R, facing ctr (ct 1); čukče on R twice,
raising L knee in front (cts 2-3).
- 3 Repeat meas 2 with opp ftwk.

II.

- 1 Repeat Fig I, meas 1.
- 2 Step on R to R (ct 1); step on L in front of R (ct 2);
step back on R (ct 3).
- 3 Repeat Fig I, meas 3

III.

- 1 Repeat Fig I, meas 1, but turn to CW.
- 2-3 Repeat Fig I, meas 2-3.

Men's Variation 1

- 1 Repeat Fig I, meas 1.
- 2 Squat (ct 1); stand up on R, raising L knee in front (cts 2-3).
- 3 Squat (ct 1); stand up on L, raising R knee in front (cts 2-3).

Men's Variation 2

- 1 Repeat Fig I, meas 1.
- 2 Step on R in LOD (ct 1); bend knee, touch L knee on floor,
facing LOD (cts 2-3).
- 3 Step on L in RLOD (ct 1); facing RLOD, bend knee, touch
R knee on floor, facing LOD (cts 2-3).

Men's Variation 3

- 1 Repeat Fig I, meas 1.
- 2 Leap onto R in LOD (ct 1); bend R knee, L ft extended
in LOD (cts 2-3).
- 3 Repeat Men's Variation 2, meas 3.

After each Men's Variation, make turn.

Presented by Atanas Kolarovski